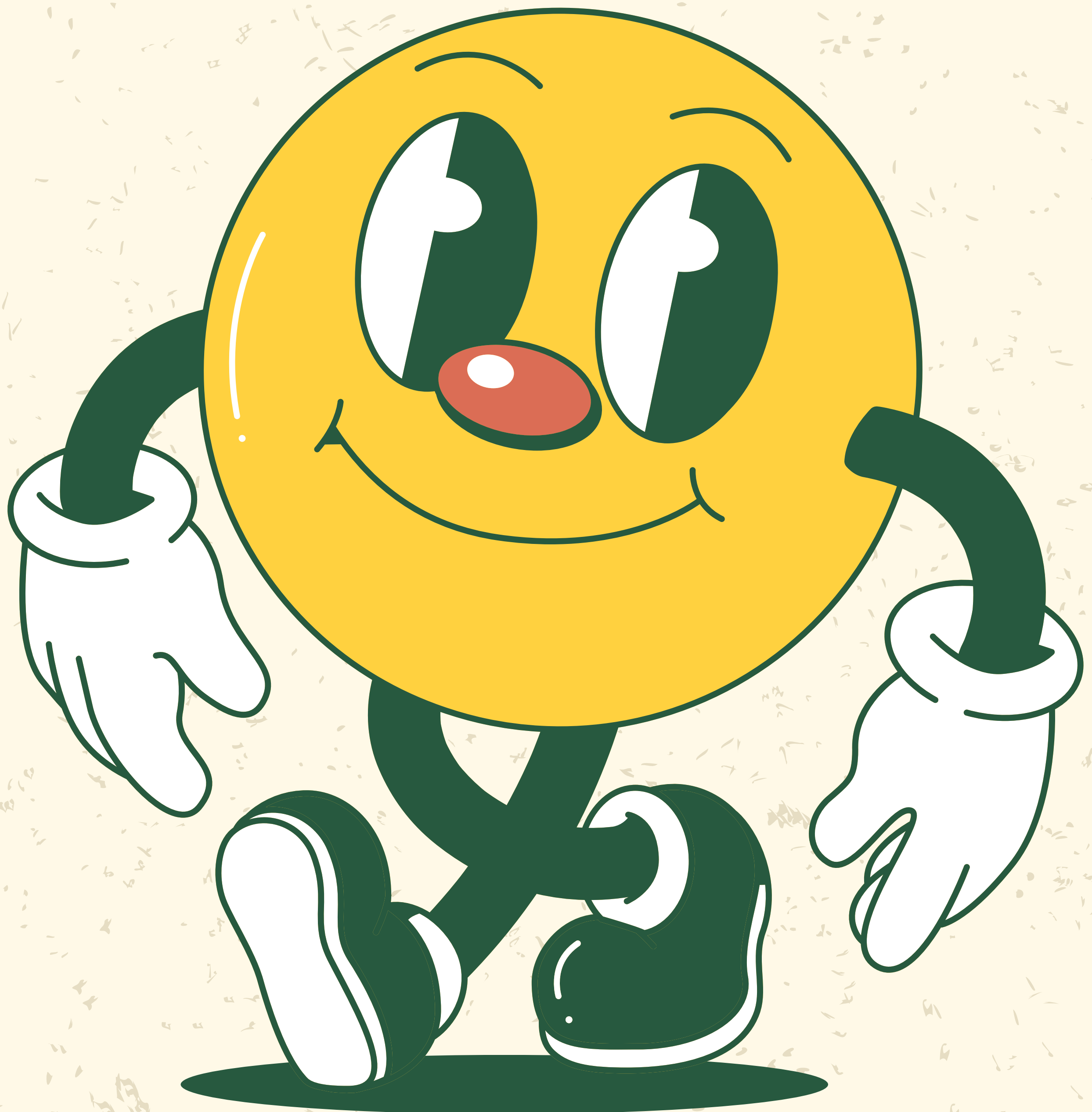
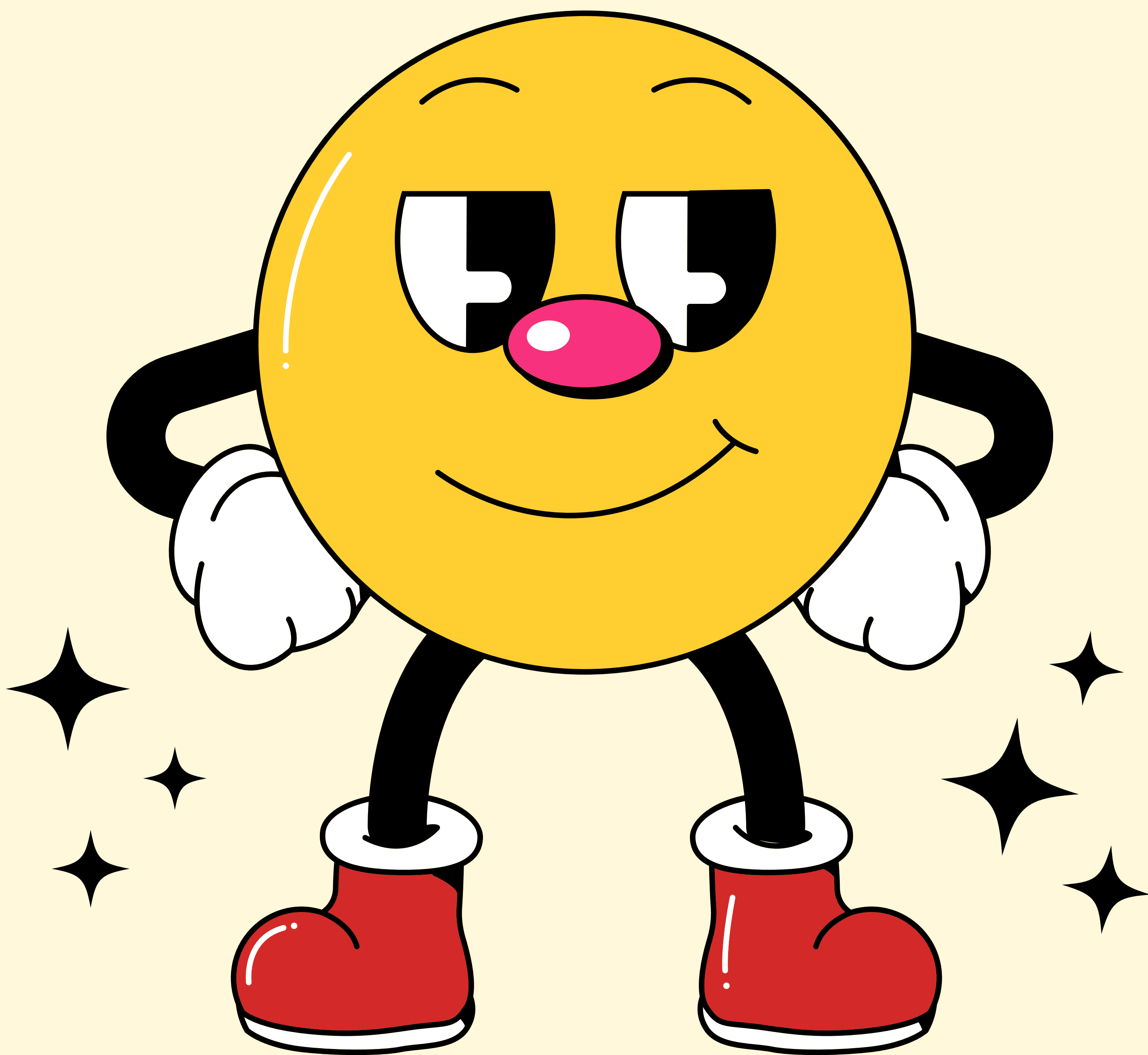


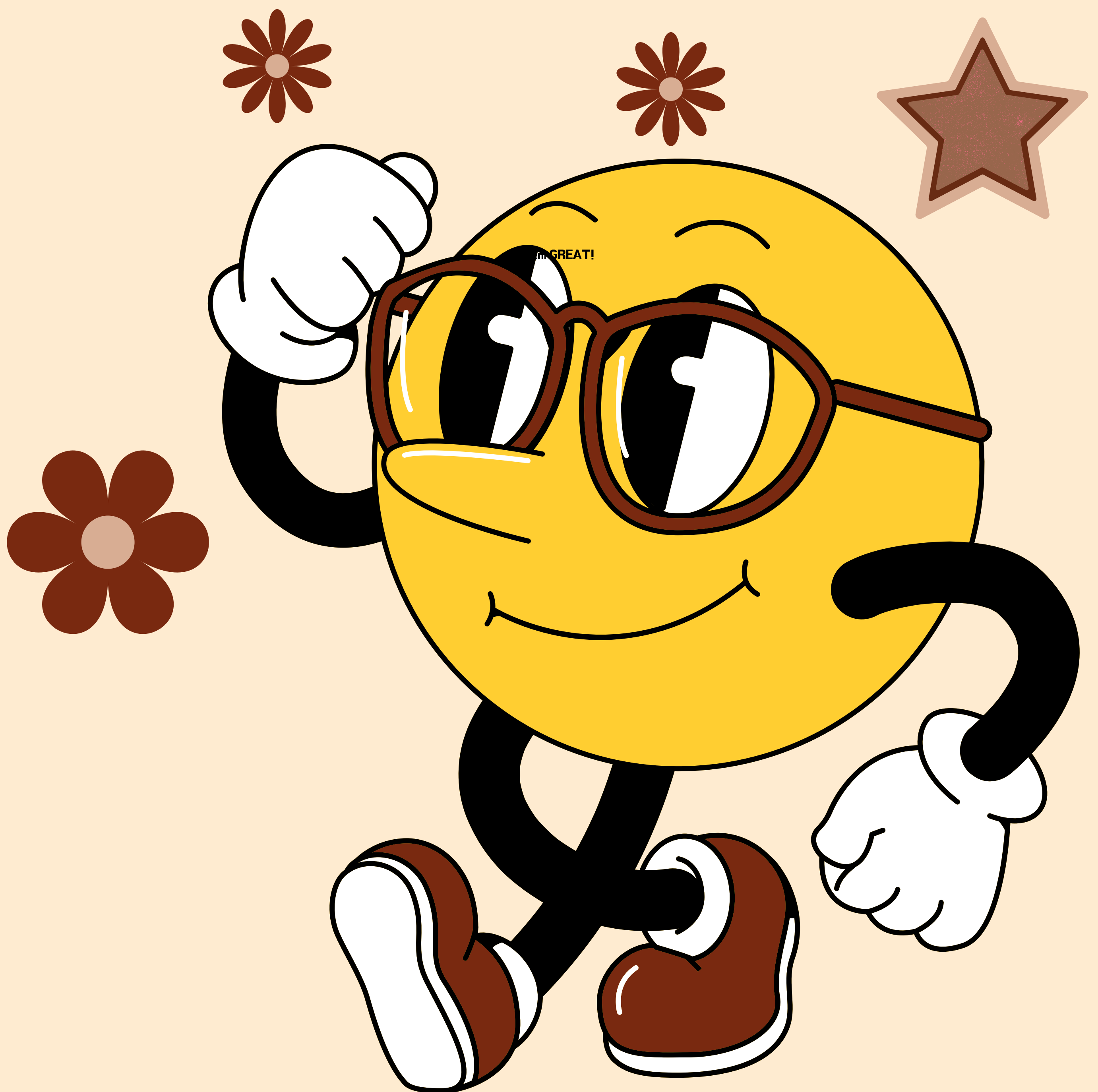
I am capable!



I AM GREAT!



**I AM
DESERVING**

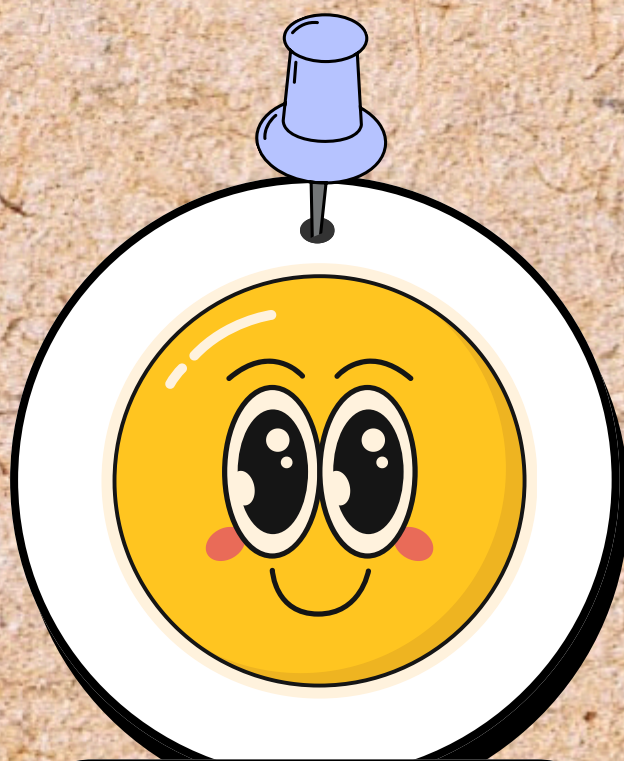


Emoji Emotions

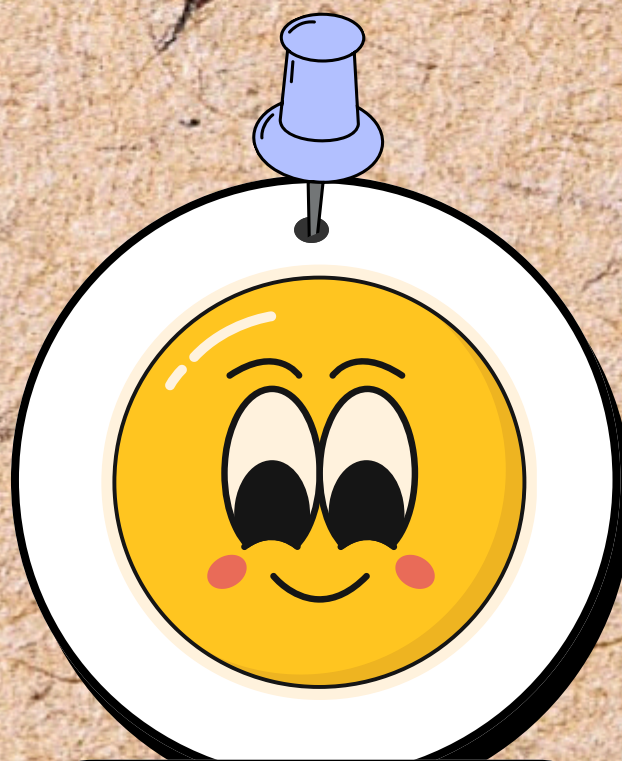
Mindfulness Chart



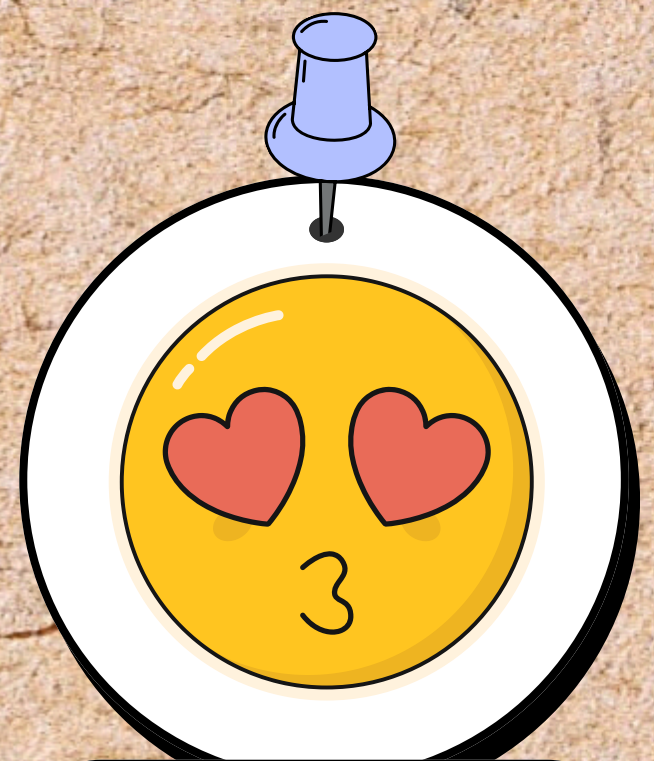
sad



brave



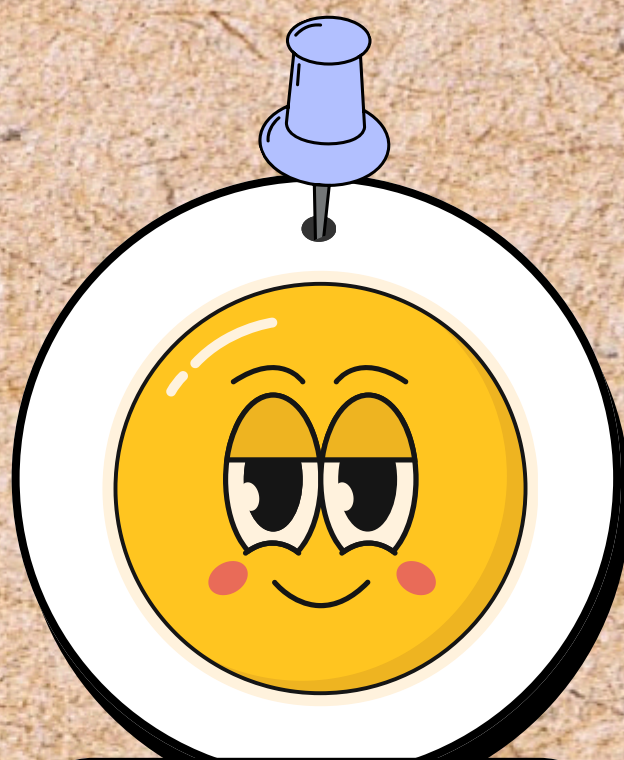
happy



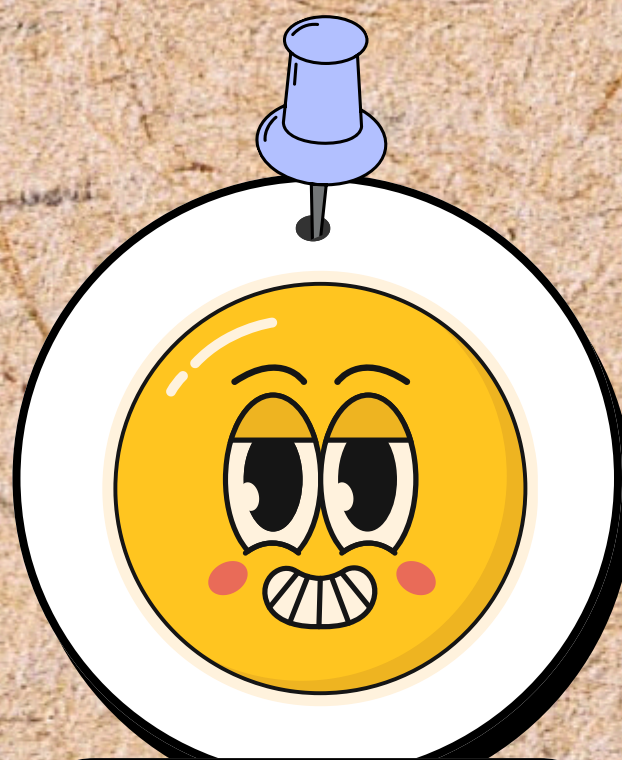
loved



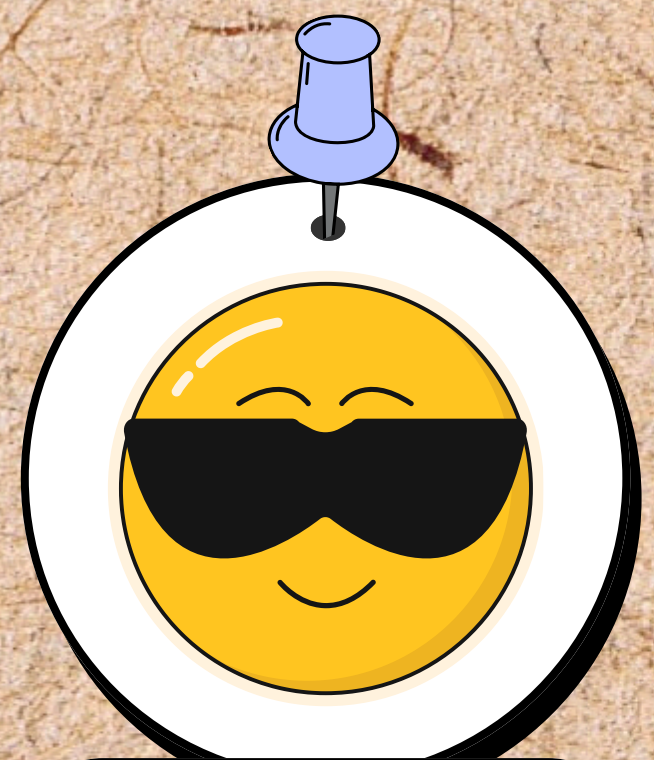
worried



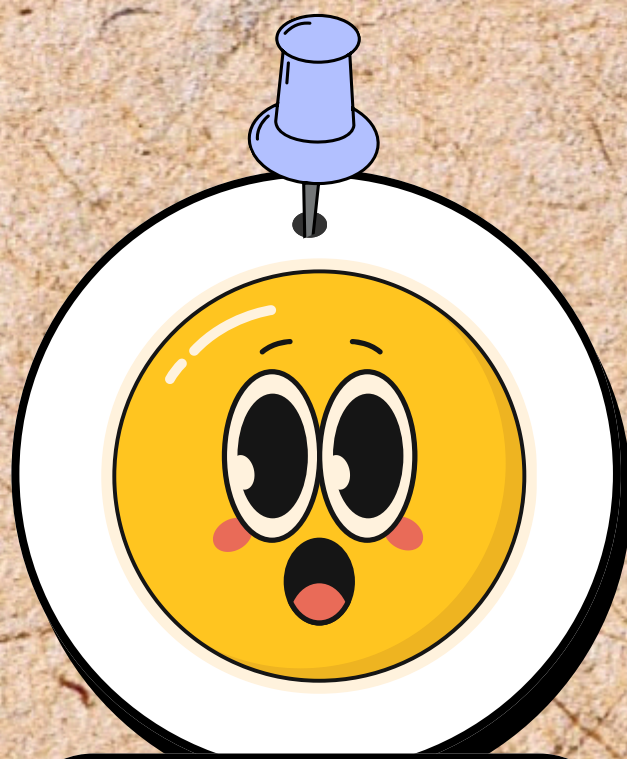
tired



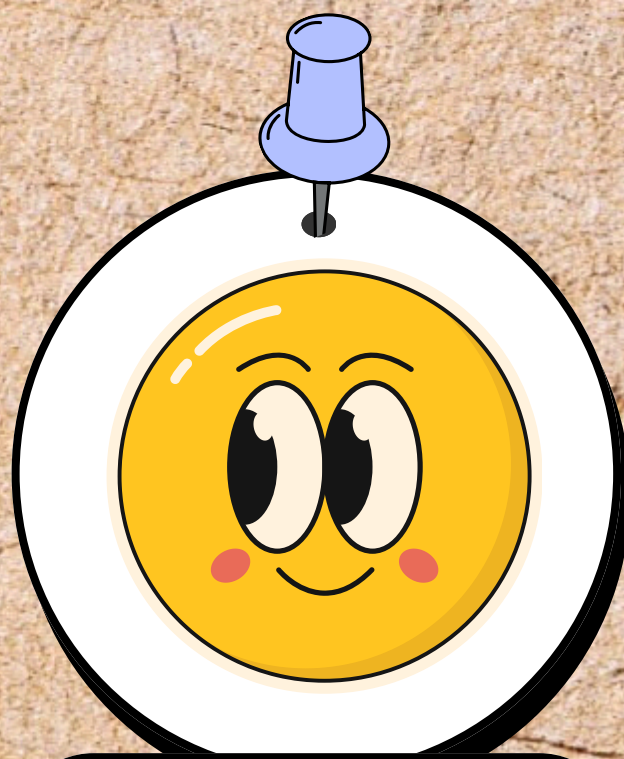
mad



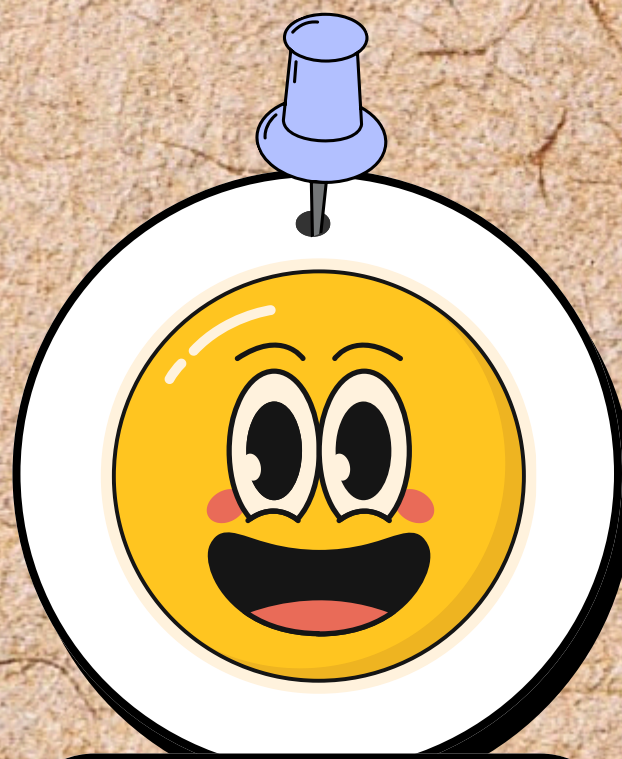
calm



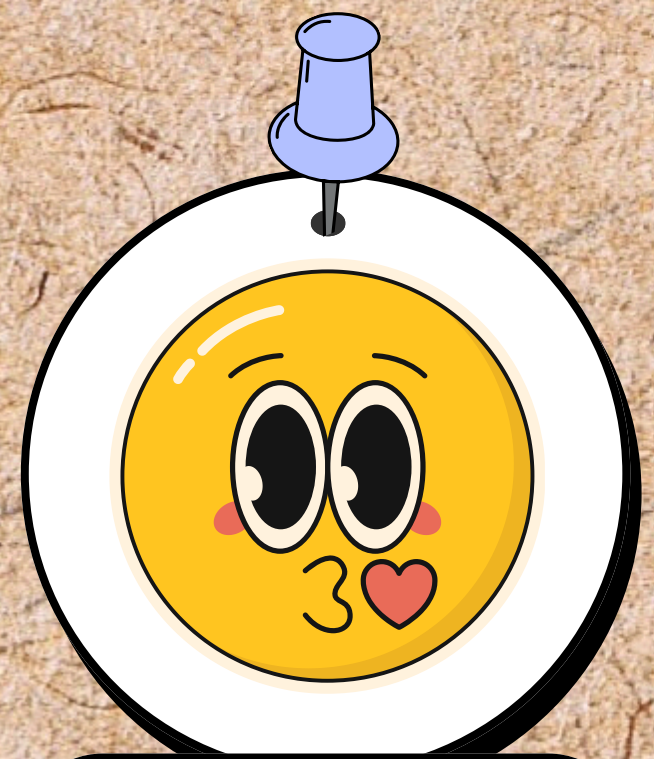
scared



silly



excited



grateful

identifying EMOTIONS

